

# Menu

Dinner

Lunch

Beverages

All dinner entrees, except pasta, stuffed potatoes, salads and pot roast are served with A SIDE OF ANY SPAGHETTI, rice pilaf, baked potato, hashbrowns or vegetable. All entrees are served with baked chicken soup or crisp tossed salad and a basket of hot homebaked bread.

## FOR OUR LOW CARB DINERS, MAY WE SUGGEST

any starred (\*) item, including sandwiches with no bun, with a side of green beans, broccoli or spinach.

## STEAK

### HAMBURGER STEAK \*

10 ounces of sirloin steak, ground daily and hand formed for the ultimate in freshness and quality

### PEPPER STEAK \*

Tender medallions of filet of sirloin broiled to your specifications and ladled with a special sauce made with olive oil, mushrooms, onions, green peppers, tomatoes and just the right touch of sherry



### 6 oz. SIRLOIN \*

For the light steak lover. Thick cut sirloin steak

### TOP SIRLOIN \*

A very thick steak. We cut it thick to retain the natural flavor, which we guarantee will please you. Please allow extra cooking time for well or medium well

### STEAK and SHRIMP or CHICKEN \*

A 6 oz. cut of our thick sirloin and jumbo shrimp or grilled chicken tenderloins

### GIANT RIBEYE \*

13-16 ounces of grain fed Western beef. Guaranteed at least 13oz, tender, juicy, and flavorful

### K.C. STRIP \*

USDA choice, extra thick strip steak made famous in Kansas City



**6 oz. CLUB STEAK \***

An unusually juicy piece of beef grilled just the way you like it. Guaranteed to be tender, tasty and juicy.

**BACON WRAPPED FILET of BEEF \***

Rivals Filet Mignon in tenderness. Surpasses Filet Mignon in juiciness.

**POT ROAST**

Slow cooked for 4 hours in special seasonings, potatoes, onions, and carrots and served in its natural juices.

**SPAGHETTI****MEAT SAUCE**

Our own family recipe prepared from scratch with meats and spices and simmered just right

**MEAT BALLS OR ITALIAN SAUSAGE**

With our own popular tomato sauce

**MARINARA SAUCE**

A meatless tomato sauce richly cooked from a family recipe

**BROWNEED BUTTER WITH GARLIC**

Pure butter simmered to a golden brown with garlic

**CLAM SAUCE**

Chopped clams blended in a creamy Newburg sauce and white wine

**SPAGHETTI ALFREDO**

Our delicious Alfredo sauce ladled over tender spaghetti noodles

**GREEK STYLE CHICKEN SAUCE**

Another family recipe with chunks of chicken in a flavorful sauce. Delightfully different

**MUSHROOM SPAGHETTI**

Sliced sauteed mushrooms in a buttery sauce or with our popular tomato sauce

**CHILI SPAGHETTI**

Extra meaty chili with zesty Mexican spices

**SEAFOOD SAUCE**

A delightful combination of crab blend, clams and shrimp in a creamy Newburg sauce with a touch of nutmeg

**COMBINATION SAMPLER**

All our sauces are great. If you can't decide, then try any two or three

**SEAFOOD****SEAFOOD FETTUCCINE**

Shrimp and crabmeat blend in a creamy Alfredo sauce with tender fettuccine noodles and diced fresh tomatoes, onions & peppers (vegetables withheld on request)

**SHRIMP SCAMPI \***

Succulent shrimp in a lightly seasoned garlic butter

**MIXED GRILL \***

A tasteful combination of grilled Catch of the Day and 3 Jumbo Gulf Shrimp

<http://www.blueshoenashville.com/nashvilledining.html>

### **CATCH OF THE DAY \***

Grilled and lightly seasoned

### **JUMBO GULF SHRIMP \***

Big shrimp grilled golden brown and served on a bed of rice pilaf  
(low carb without bed of rice pilaf)

### **GRILLED SALMON \***

Our most popular catch, grilled and lightly seasoned. Blackened Upon Request

## **CHICKEN**

### **GRILLED CHICKEN TENDERLOINS \***

11 oz. chicken tenders, seasoned and grilled tender, tasty and golden brown

### **GRILLED CHICKEN TENDERLOINS \***

6 oz

### **CHICKEN FETTUCCINE**

Chunks of tender chicken breast sauteed with mushrooms, onions and peppers blended with a rich Alfredo sauce, fettuccine and a touch of sherry

### **MOZZARELLA CHICKEN \***

Grilled chicken tenderloins topped with thinly sliced ham, mozzarella cheese and marinara sauce

### **FETTUCCINE IMPERIAL**

Tender pasta blended with chicken, ham, mushrooms and Alfredo sauce

## **MEXICAN SPECIALTIES**

### **MEXICAN SPAGHETTI**

Our own chili recipe made with extra meat and zesty Mexican spices ladled over spaghetti noodles and topped with real cheddar cheese, diced fresh onions, bell peppers, tomatoes, sour cream and jalepeno peppers



### **CHICKEN SANTE FE \***

Tender chicken grilled with our own blend of Mexican seasonings and mounded with thinly diced ham, melted cheddar and a cheesy salsa sauce

### **FAJITA STYLE STEAK \***

Fresh sliced onions, bell peppers and mushrooms seasoned and pan broiled with butter and our own special fajita seasonings and served over medallions of sirloin, or chicken, broiled to your specifications

### **MEXICAN SALAD**

Crisp salad greens on a bed of crunchy tortilla chips ladled with our spicy Mexican chili and topped with fresh onions, bell peppers, tomatoes, real cheddar cheese and sour cream  
<http://www.blueshoenashville.com/nashvilledining.html>

## SALADS

### GREEK SALAD \*

Crisp salad greens, other fresh garden vegetables, eggs, olives, anchovies, pepperoncini and feta cheese with a Greek salad dressing

### CHICKEN SALAD

Delicious chicken salad served in a pineapple half and topped with slivered almonds



### SEAFOOD PASTA SALAD

A delightful blend of shrimp and crabmeat blend with seashell pasta and mixed vegetables on a bed of salad greens. Served with fresh fruit

### "ALL YOU CAN EAT" SOUP & SALAD

Our own baked chicken soup and the crispest tossed salad in town

#### BONELESS GRILLED PORK CHOPS \*

Tender, Tasty  
and Juicy!

#### OVEN BAKED CHICKEN \*

Skinless half chicken  
baked  
juicy with herbs and  
spices.

#### BLACKENED CHICKEN PASTA

Tender chunks of  
chicken grilled with  
Louisiana spices and  
blended with a  
delicately spiced cream  
sauce with Fettuccine.

#### BAKED HOMEMADE LASAGNA

Oven baked layers of  
noodles, meat sauce,  
and ricotta, parmesan,  
romano and  
mozzarella cheeses.  
Comes with soup or  
salad.

## STUFFED POTATOES

### SEAFOOD STUFFED POTATO

Loaded with shrimp, clams and crabmeat blend (surimi) in a creamy Newburg Sauce and topped with sauteed mushrooms, diced tomatoes, onions and peppers. Served with soup or salad.

### BLACKENED CHICKEN STUFFED POTATO

Big baked potato loaded with chunks of chicken in our special Louisiana spiced creamy sauce. Served with soup or salad.

## APPETIZERS

### SAUTEED SLICED MUSHROOMS

<http://www.blueshoenashville.com/nashvilledining.html>



Deliciously sauteed in butter, herbs and seasonings

### **JIM'S FAMOUS SPINACH**

Prepared and flavored the Old World way with olive oil & a touch of garlic

### **CHEESE TOAST**

Melted Mozzarella, Parmesan, Romano and Cheddar cheeses

1/2 order or full order

### **PEEL 'N EAT SHRIMP COCKTAIL**

20 medium size shrimp served with our own special cocktail sauce



## **SANDWICHES**

All sandwiches served on toasted homebaked buns with rice pilaf, baked potato or hashbrowns. Side of any spaghetti may be substituted. Also served with baked chicken soup or salad.

**\* LOW CARB WITHOUT BUN**

### **HAMBURGER \***

Ground fresh, cooked juicy and flavorful

### **CHICKEN SANDWICH \***

Chicken breast grilled tender & tasty

### **RIBEYE STEAK SANDWICH \***

Sandwich sliced ribeye

## **CHILDREN'S MENU**

**(Dine-in only. 10 years & under)**

Children's menu includes free Coca Cola, Sprite, Dr Pepper or tea.

Small milk

### **SPAGHETTI**

Your choice of sauce. Includes choice of soup or salad

### **CHICKEN TENDERLOINS**

rice, baked potato or hashbrowns, soup or salad

### **HAMBURGER**

rice, baked potato or hashbrowns, soup or salad

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